

ZoneR Anti-age Trilogy

A proven effective and safe natural option to Botox and Facial Surgical Procedures



Radio Lift is a pleasant heat to combat the signs of Skin Aging for face & body by performing skin tightening & rejuvenation. The thermal energy of Radio Frequency can be used on all skin types allowing for ultimate collagen contraction & production of new collagen.

Ultrasound Deep cleansing treatment utilizing the micro-vibration generated by the ultrasound deeply removes the impurities of the skin.

BioStimCell (infra red) works on the deeper level between muscle & connective tissue especially where frown & expression lines are evident. Infra Red relaxes expression lines, tones & lifts the facial contours.

Mesoporation is a dynamic phenomenon to introduce carefully selected natural products directly into the cell. In TotalCare we use Electra Cosmetics know as third generation millennium cosmetics for the treatment of skin lifting, anti-wrinkle, acne & pigmentation and anti-age spots, cellulite and skin firming both on face and body.

Complete 4 phase ZoneR

Facial + Neck € 180.00

Face – Intensive Restructure

Ultrasound, BioStimCell & Mesoporation € 150.00

Body – Intensive Reconstruction

Body Breast, Décolleté & Upperarms 30 mins € 75.00
60 mins € 140.00

Abdominal Excess Skin 30 mins € 75.00
60 mins € 140.00

Cellulite:

Abdomen, Buttock + Upper Legs 30 mins € 75.00
60 mins € 140.00

Full Courses available on all of our Advanced Systems

Courses prices available on our website www.totalcare.ie

Facial Vital-T Treatments

Vital O2 Oxygen Therapy + Action De Gala

Action de Gala Facial plus Light Therapy € 95.00

Vital O2 Oxygen Facial, Pressure Injection
Oxygen, Specific Serum + Inhalation Treatment € 140.00

Vital O2 Supreme + Collagen and Caviar Mask. € 185.00

Full Oxygen Facial + Bio Cellulose Firming Serum Mask € 165.00

VitaLift Non Surgical Facelift + Action De Gala € 80.00

VitaLift Eye Contour for eye bags, lines and wrinkles € 50.00

VitaLift Lip Contour for lip lines and to uplift smile € 50.00

Vitapeel ION Advanced Microdermabrasion

Vitapeel ION Microdermabrasion € 130.00

Vitapeel ION Microdermabrasion + Vital.O2 Oxygen € 240.00

Body Treatments

Oxygen & Microdermabrasion – Acne Scarring €120.00

Oxygen & Microdermabrasion – Stretch Marks & Scars €120.00

Linfopress Lymphatic Drainage

Linfopress is one of the most innovative pressotherapy devices. Through a relaxing air massage, the air pressure acts positively on the lymphatic and blood circulation, reducing fluid retention, preventing leg and ankle swelling leaving a feeling of lightness and it prevents varicose veins



Personalised 20 Minute Treatment €35.00

30 Minute Treatment €45.00

45 Minute Treatment €55.00

Course prices available on our website www.totalcare.ie

Skin Imperfections with complimentary Light Therapy aftercare

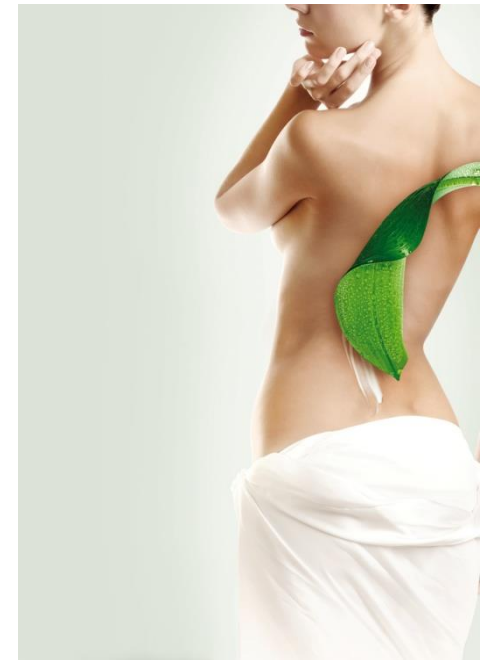
Skin tags, Tear drops of skin on neck and body areas up to € 85.00

Broken capillaries and red veins on face and upper body € 85.00

Anginomas and spider veins per treatment € 65.00

White head/ Milia removal per treatment € 75.00

ACADÉMIE
totalcare



.....Natural Cosmetic Clinic
& Apilus Centre of Excellence!!

Unit 1& 2 Kenny House
Gortlandroe
Nenagh
Co. Tipperary

Phone: 067 42919
Mobile: 086 4188339
Monday-Friday

9:30-5:30

A warm welcome awaits you...

For your appointment please call
061 620 000 or 0864188339

Directions

From the M7 take exit 26 and follow the signs towards
Borrisokane (N52).

At the Portroe Roundabout take the road for Nenagh
Town (R494).

Continue 800 meters and you will see Totalcare on your
right.

Stockiest of

- *Action de Gala* skincare range... inspired by nature.
- *Le Fructose* home waxing kits.
- *Sensacare IT* Light therapy home kits.
- *Electra 3rd* Millennium Cosmetics
- *Verdeoasi* Natural Cosmetics

Become an Académie Totalcare Model

At **ACADÉMIE TOTALCARE** we train salon owners & therapists from all over Ireland and Europe. During these advanced trainings we require a selection of women, men & teenagers to be models and receive a **50% discount** on a selection of clinic treatments.

Call us to register as an Académie Totalcare Model.



Email: totalcaredistribution@gmail.com

Web: www.totalcare.ie

Approved Apilus Centre of Excellence: Apilus Xcell Pro 100% Permanent Hair Removal

Apilus Xcell Pro, 27 times more effective than regular electrolysis.
The gentle way to treat all areas, hair colour and skin colour.
Suitable for eyebrows, lip, chin, neck, breast, fingers and body areas
to finish off after Laser or IPL.

Demand Excellence

Don't settle for anything less!

15 Mins	€ 38.00
30 Mins	€ 69.00
45 Mins	€ 100.00
60 Mins	€ 120.00



APILUS[®]
xCell
27.12 MHz

100% Permanent
Hair Removal.

Faster
Results.

Exceptional
Comfort.

Waxing



We use an Arocere luxurious natural Italian waxing range, which can be personalized for you specific skin type, using the highest hygiene standards possible, and we never double dip! *nc= New Cartridge * gentle peel off wax to suite delicate areas.

All our waxing includes our Pre-wax Oil with Aloe Vera for a less painful experience and soothing Aromatic Retarding Oil leaving your skin extremely soft, nourished, clean and refreshed with less regrowth.

Full Leg	€ 38.50 * nc
Half Leg	€ 22.50 * nc
Bikini Line – Regular	€ 15.00 * nc
Full Leg & Bikini Line	€ 45.00 * nc
Underarm	€ 12.50
Eyebrow Shape	€ 12.50

For our full list of waxing options please visit our website
www.totalcare.ie

Apilux 2G Advanced Alternating Pulsed Light – Individual prices.

Leading world class equipment for the permanent reduction of
unwanted hair, safer and quicker than laser. Consultations and patch
tests €20 redeemable off your 1st treatment

Apilus APL Photo Epilation for ‘La Femme’

Apilux 2G Advanced Alternating Pulsed Light

<u>Area</u>	<u>Price per session</u>
Lip Area	€ 40.00
Chin and jaw line	€ 50.00
Neck	€ 60.00
Underarms	€ 60.00 - € 80.00
Forearms	€ 75.00
Fingers or Toes	€ 27.00 - € 35.00
Bikini Line	€ 60.00
Bikini Line Extended	€ 80.00
Entire Bikini	€100.00
Abdomen	€ 40.00 - € 60.00
Lower Leg	€ 250.00
Upper Leg	€ 300.00
Full Leg	€ 400.00

Apilux APL Hair Removal for ‘Le Monsieur’

<u>Area</u>	<u>Price per session</u>
Upper Checks	€ 45.00
Brow's	€ 45.00
Back of Neck	€ 60.00
Shoulders	€ 130.00
Back	€ 230.00
Chest	€ 135.00
Abs	€ 135.00
Feet and Fingers	€ 27.00 - €35.00

APL Skin Rejuvenation Anti-Ageing

APL Skin Rejuvenation Facial + Neck	€ 120.00
APL Skin Rejuvenation chest and hands	€ 85.00
Acne APL Treatment for face	€ 85.00 - €120.00

Course prices available on our website www.totalcare.ie



CREDIT:
Dectro International