



## Waxing

*Hygienic gentle peel off wax system for all facial and intimate areas. Choice of Lavender, Strawberry-Cream, and Rose Petal , to suit your skin type.*

Full Leg	26.50
Half Leg	16.50
Half Leg & Bikini Line	26.00
Full Leg & Bikini Line	36.50
Bikini Line	12.50
Californian (thong)	25.00
Brazilian (landing strip)	45.00
Hollywood (all gone)	55.00
Underarm	12.50
Full Arm	16.50
Upper Lip	8.95
Chin	10.00
Upper Lip & Chin	12.95
Upper Lip, Chin & Sides of Face	16.50
Eyebrow Shape	8.95
Back Wax (Men)	35.00 -40.00
Chest Wax (Men)	30.00 -40.00

## Tinting *Using Permalash*

Eyebrow tint	8.00
Eyelash Tint	13.50
Eyebrow Shape, Tint & Lash Tint	26.95

## Hands & Feet

Victorian Garden organic manicure	35.00
Victorian Garden organic pedicure	45.00
Brimming with exotic extracts from Victorian Garden, using the entire range to give maximum effectiveness 1¼hours	
File and Polish	15.00

## Karora Eco-Chic Spray Tan

This all natural and organic formula contains no alcohol, parabens, artificial fragrances or synthetic colours to irritate or aggravate the skin. Formulated with DHA and essential oils of acai berry and argin, this natural tanning treat leaves the skin firmer, hydrated and delivers an even bronzed glow that lasts up to seven days.

Full body	35.00
Half body	28.00

## Teeth Whitening

15 mins	99.00
30 mins	150.00
Top up Tooth Pen	30.00

## Ear Piercing

Caflon System	15.00
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## Hopi Ear Candling *various blends.*

Earcandles have been successfully used in naturopathy by therapists for decades. The Earcandles have a purely physical effect. A light underpressure (suck effect) and the vibration waves of the air in the candle, which are caused by the movement of the flame, create a gentle massage for the ear drum. The whole ceremony leads to a wonderful sense of relaxation. A deep feeling of security and happiness, which is rare to find!

Candeling € 19.50 Candeling and facial lymphatic drainage €28

## Emani Makeup

Make up application for weddings, parties or special occasion, using Emani Mineral products. Vegan friendly, and free from talc and parabens. Choose from a variant of foundation types, and striking eye dusts.

29.50



Health, Beauty & Organic Day Spa



*...Inspiring Health & Beauty Naturally!!*

**Late opening Tuesday and Wednesday**

Royal Parade,  
Killaloe,  
Co. Clare  
Phone: 061 620000  
Email: [info@totalcare.ie](mailto:info@totalcare.ie)  
[www.totalcare.ie](http://www.totalcare.ie)



Welcome to totalcare health & beauty and organic day spa.

Our aim is to provide a natural, effective, painless and safe alternative to what can often be high risk and expensive cosmetic procedures. We use cutting edge technologies from Canada, Europe & South Africa.

Come and enjoy and relax in our beautifully restored turn of the century building in the heart of Killaloe, Co. Clare.

Our salon is eco friendly using organic, natural and vegan friendly products which are used in our treatments and for sale in our ground floor shop

Agents for:

Victorian Garden- skin, body hair health & nutrition.

Emani- vegan friendly, natural mineral makeup.

Act'ion de Gala - ionized range for deeper absorption.

Tooth fairy- hair, tooth and body gems & teeth whitening.

Feel Good - Music CD Collection.

Hopi ear candles- various blends.

**Various gifts, made to order hampers and candles**



## Price List

### Apilux IPL Hair Removal

Leading world class equipment for the permanent treatment of unwanted hair, safer and quicker than laser.

Prices per treatment

<b>Lip</b>	<b>50.00</b>
<b>Chin</b>	<b>60.00 – 100.00</b>
<b>Arms</b>	<b>150.00</b>
<b>Half Legs</b>	<b>250.00</b>

\*Because individual cases may vary all other areas will be priced on consultation. Consultation is free.

### Apilux Platinum Permanent Hair Removal

Thermolysis, 27 times more effective than regular electrolysis.

It's quick efficient & very comfortable

<b>15 Mins</b>	<b>35.00</b>
<b>30 Mins</b>	<b>68.00</b>
<b>45 Mins</b>	<b>98.00</b>
<b>60 Mins</b>	<b>120.00</b>

### Apilux IPL Skin Rejuvenation (facial)

**145.00**

Intense Pulsed Light stimulates fresh cells & skin firming, face, neck and décolletage.

### Apilux IPL Skin Rejuvenation & Broken capillaries

**155.00**

### Apiderme

**85 - 95**

Removal of skin imperfections, Thread Veins, Spider Nevi, Blood Spots & Skin Tags. Free consultation

**Facials:** Canadian ionisable natural cosmetics for deep results

<b>Action de Gala Facial</b>	<b>65.00</b>
<b>Action de Gala Facial plus Light Therapy plus O2</b>	<b>75.00</b>
<b>Action de Gala Facial plus Collagen</b>	<b>90.00</b>
<b>Action de Gala Facial plus Collagen &amp; Caviar</b>	<b>105.00</b>
<b>Action de Gala Facial plus Eye Treatment &amp; Collagen mask</b>	<b>85.00</b>
<b>Action de Gala Facial &amp; Milia Removal(white heads)</b>	<b>95.00</b>

### VitaLift: Natural alternative to botox

Non Surgical facial lifting. Gives an immediate youthful appearance, lymphatic drainage, motor point re-education, relaxing massage & refreshing mask.

<b>Per Treatment</b>	<b>80.00</b>
<b>Course of 5</b>	<b>350.00</b>
<b>Course of 10</b>	<b>650.00</b>

### Vital O2 Oxygen therapeutic System

Full pure oxygen facial includes enzymatic peel and specific endocosmetics serums adaptable for all facial areas and skin types building up a reservoir of nutrition

<b>Full Oxygen Facial</b>	<b>130.00</b>
<b>Full Oxygen Facial plus Light Therapy</b>	<b>140.00</b>
<b>Full Oxygen Facial plus Collagen Mask</b>	<b>145.00</b>
<b>Full Oxygen Facial plus Collagen &amp; Caviar</b>	<b>160.00</b>

### Vitapeelion Microdermabrasion

**130.00**

**Includes a follow up hydration facial 3 to 5 days Later**

Removes the outer layer of dead cells leaving your skin with a youthful, fresh glow, diminishing fine wrinkles and scarring, rehydrating, firming & stimulates fresh cells

### Vital O2 & Microdermabrasion

**190.00**

(The ultimate combination facial)

### Ksenon IPL Skin Rejuvenation

**95.00**

stimulates fresh cells & skin firming

### Ksenon ACNE IPL Treatment for face

**85.00**

### Ksenon ACNE IPL Treatment for back

**115.00**

### Body Treatments

**Back, Neck, Shoulders & Scalp massage combined with Parafango Hot Mud Therapy**

**60.00**

### Eosonic

Lose centimeters in areas that you choose from using ultrasound cots motor point muscle re-education, colour therapy and infra red heat.

### Individual Treatment

**80.00**

### 10 Course (Recommended)

**700.00**

### Top up

**70.00**

### Linfopressotherapy

Tissue compression massage, promotes natural lymph and blood circulation, eliminates toxins & cellulite, prevents the appearance of varicose veins, accelerates metabolism and gives an overall sensation of lightness and well being.

### Individual Treatment 40 mins

**60.00**

### 10 Course

**550.00**

### Half Eosonic & Half Linfopressotherapy

**650.00**